

2012 INBF Northeast America *Pro Qualifier
Saturday April 14, 2012
Somerville High School – Somerville, NJ
Prejudging 11:00 AM (check in at 9am) Finals 5:00 PM

ELIGIBILITY: Open to all amateur athletes who possess a current INBF card \$40, (Foreign Non-U.S. \$50) or may obtain one the day of the show. Must be **7 years drug free** from the date of show. **Pro card winners must also submit to a urinalysis after they come off stage as required by INBF rules.**

Entry fee for all classes \$50.00. Crossover Fee \$30.00 All entry fees are payable to **Bodhi by Anthony Monetti. Mail bank check or money order to 194 West Main St, Somerville NJ 08876.** The application due date is March 30, 2012. Any application received after March 30, 2012 will require a late fee of \$100. All late application fees must be paid with cash, bank check or money order. ***All fees are non-refundable***

Email Myra at esscsteam@aol.com to schedule your polygraph test. *Competitors will pay the polygrapher directly for testing \$45 CASH.

Classes will be determined on the day of the show. Crossovers will be allowed (\$30 crossover fee). Exception - No crossovers from Novice to Open Classes. Women may do bodybuilding, figure, Best Body and/or Ms Fit.

*The overall winners in the following the open classes will be awarded WNBFF Pro cards: Men & Women Bodybuilding, Masters Men 40-50 & Masters Women Bodybuilding, MS. Fitbody and Open & Masters Figure; providing there are a minimum of 5 people in the class or division.

Check Class:

<input type="checkbox"/> Open Women LW Bodybuilding – under 118 lbs <input type="checkbox"/> Open Women HW Bodybuilding- over 118 lbs <input type="checkbox"/> Master's Women Bodybuilding - over 40yrs <input type="checkbox"/> Novice Figure- Height ____ ft ____ in <input type="checkbox"/> Open Figure - Height ____ ft ____ in <input type="checkbox"/> Master's Figure - over 40 years <input type="checkbox"/> BEST BODY Bikini- Height ____ ft ____ in <input type="checkbox"/> Ms. Fit Body -Height ____ ft ____ in <input type="checkbox"/> Ms. Fit Body Master's (40 yrs and over)	<input type="checkbox"/> Teenage Men (19 years and under)- age ____ <input type="checkbox"/> Junior Men (Under 24 Years old)- age ____ <input type="checkbox"/> Men's Novice: weight ____ <input type="checkbox"/> Open Men BW – under 150 lbs <input type="checkbox"/> Open Men LW – 150 ¼ to 165 lbs <input type="checkbox"/> Open Men MW – 165 ¼ to 176 lbs <input type="checkbox"/> Open Men LHW – 176 ¼ to 190 lbs <input type="checkbox"/> Open Men HW - 190 lbs and over <input type="checkbox"/> Master's Men - over 40 years <input type="checkbox"/> Grandmaster's Men - over 50 years <input type="checkbox"/> Super CLASS – over 60 years
<p>*indicate exact height without shoes*</p>	

Name _____

Address _____

City _____ State _____ Zip _____

Phone (____) _____ Email _____

Weight _____ DOB _____ INBF Number: _____. INBF Exp: _____.

Gym you represent _____ Trainer _____

Titles _____

*Waiver: In consideration of your accepting this entry, I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and releases any and all rights and claims for damages I may have against International Bodybuilding Federation Inc. (INBF), Somerville Public School System, World Natural Bodybuilding Federation (WNBFF), Anthony and Karen Monetti and any sponsors, agents, representatives and assigns for any and all injuries and/or losses suffered by me as a result of my participation and/or attendance at the 2012 INBF Northeast America Bodybuilding Championship on April 14, 2012. I understand that, in order to compete in an INBF-sanctioned event, I will have to submit to up two (2) drug tests to validate a **seven-year** abstinence from the use of any type steroids, pro-hormones, prescription diuretics and any compounds deemed illegal list on the 2012 INBF banned substance list. The decision of the INBF concerning my participation in an INBF-sanctioned contest, pending the results of one or both tests, as well as my adherence to all other compounds deemed illegal by the decision of the INBF concerning my participation in an INBF-sanctioned contest, pending the results of one or both tests, as well as my adherence to all INBF rules and regulations. Failure to pass an INBF drug test or failure to adhere to INBF rules and regulations will result in my expulsion from the competition in question, as well as loss of INBF eligibility for **Seven years**. I also agree to submit to any and all out-of season testing required by INBF and agree to stand by the results of said testing, whatever it may be.*

Signature: _____ **Date:** _____

SIGNATURE OF PARENT OR GUARDIAN (IF UNDER 18): _____ **Date:** _____

2012 INBF and WNBf Banned Substance list.

THE FOLLOWING SUBSTANCES AND RELATED COMPOUNDS ARE BANNED BY THE WNBf AND INBF, AND THEIR USE CONSTITUTES GROUNDS FOR DISMISSAL FROM WNBf AND/OR INBF COMPETITIONS AND SUSPENSION FROM MEMBERSHIP PRIVILEGES IN THE ORGANIZATION FOR A PERIOD OF SEVEN (7) YEARS FROM THE FAILURE DATE. THE LIST IS EFFECTIVE AS OF SEPTEMBER 2, 2009.

ANABOLIC STEROIDS – All Anabolic Steroids, including but not limited to bolasterone, boldenone, chioroxomesterone (dihydrochlormethyltestosterone), clostebol, fluoxymesterone, mesterolone, methandienone, methyltestosterone, nandrolone, norethandrolone, oxandrolone, oxymetholone, stanozolol, testosterone and all other related compounds are strictly banned.

TESTOSTERONE – (injections/patches/gels) In any form or for any reason, even if under a doctor's prescription are strictly banned.

TESTOSTERONE/EPITESTOSTERONE (T/E) RATIO – The T/E ratio is used to measure the presence of exogenous testosterone or illicit elevation of testosterone levels. A T/E ratio in excess of 6/1 is ruled as positive, no matter what the cause. Note: Should the use of any substance cause a T/E ratio in excess of the 6/1 limit, the athlete will be ruled as positive (failure).

GROWTH HORMONES – (PHARMACEUTICAL HGH, HCG and any other related compounds including insulin-like growth factor 1 (IGF-1)). Oral, spray or sublingual GH compounds of pharmaceutical (recombinant DNA technology) origin are banned.

HORMONES, PROHOMONES AND ALL PRECURSORS AND METABOLITES, DERIVATIVES AND RELATED COMPOUNDS – The use of any hormone (injectable, oral, sublingual or otherwise) for bodybuilding purposes – including insulin – is prohibited.

- All hormonal precursors (DHEA, androstenedione; 19norandrostenedione; androstenediol; 5AD; androstene TRIONE; 17androdione; etc.) are banned.
- All other additional hormonal supplements (6OXO; 6OXOandrostene trione; 2a, 17adimethyl17β-hydroxy5aandrostan3one; 3, 17ketoetiocholtriene; 1,4,6androstatriene3, 17dione; 3Alpha (5aandrostane-3a, 17bdiol); etc.) have been identified as prohormonal in nature and are banned.
- FatBurning Prohormone Derivatives such as 3, 17dihydroxydelta5etiocholane7one (A7D), 3, 17-dihydroxydelta5etiocholane7one diethylcarbonate (A7E), etc. are banned.
- 7-oxo-DHEA (also known as 7-keto-DHEA), 7alpha-hydroxy-DHEA (7alphaOH-DHEA) and 7beta-hydroxy-DHEA (7beta-OH-DHEA) are not banned by the WNBf or INBF when used for weight loss. Although hormonal metabolites of DHEA, they do not elevate testosterone levels and can be used by WNBf or INBF athletes.
- ProSteroids are banned. They are marketed as not being prohormonal, but they are.

- Prescription Thyroid Hormone Medication, when used for bodybuilding purposes, is banned.
- The presences of any banned substance in the urine (i.e., nandrolone, etc.), no matter it arrived there is ruled as a positive (failure).

INBF COMPETITOR'S ONLY – Any athletes who are new the INBF must have not used any prohormones for at least two (2) years before joining the INBF for the first time.

NOTE: BE SURE TO CHECK ALL INGREDIENT LISTS FOR SUPPLEMENTS BEFORE USING THEM.

PRESCRIPTION DIURETICS – Any and all prescription weight loss substances and diuretics used for bodybuilding purposes, even when physician prescribed cannot be used for six (6) months prior to WNBF and/or INBF competitions.

EPHEDRINE, EPHEDRA AND ALL RELATED COMPOUNDS are banned. Any athletes who are the INBF ONLY must have not used ephedra for at least six (6) months before joining the INBF for the first time.

PSYCHOMOTOR STIMULANTS such as amphetamines, speed, cocaine or other stimulants when used for bodybuilding purposes are banned.

MUSCLE IMPLANTS OF ANY KIND are strictly prohibited.

CHEMICALS/DRUGS FOR THE PURPOSE OF DECEIVING OR PASSING THE POLYGRAPH OR URINE TEST are banned.

CLENBUTEROL AND GHB are banned.

Signature: _____ Date:
_____.